

*Dundee Middle School offers a wide variety of extracurricular activities, clubs, and team sports for students. By participating in these activities, students provide themselves with opportunities to enhance school and community spirit, build self-esteem, and develop positive relationships with others.*

*This brochure is an overview of many of the activities, clubs, and sports available to students at DMS. We believe that there is something for everyone and look forward to maximum student participation—please contact the appropriate faculty sponsor for information or visit the DMS website activities link.*

*Students are responsible for providing their own transportation to and from clubs meetings, intramurals, and sport team practices.*

## ACADEMICS

*Academics are the focal point at DMS and are designed to help prepare students for their future.*

**Science Fair (Mr. Sitkie)** Students participate in science fair investigate a science topic of interest to them. Students gain an insight into the problems and methods of thinking scientifically and work with science instructors to draw conclusions about their research. Completed projects are judged and displayed in late spring. This club is open to seventh and eighth graders.



**STEM Club** is a great way to get hands-on experience in science, technology, engineering, and mathematics and how they all work together in modern ways. Members this year will have the unique experience of helping design and implement a Makerspace at DMS! Club meetings will consist of maker challenges, driven by the interests of the club members.

**Robotics Team (Mrs. Wapole & Mr. Ponte)** is meant to extend and apply background programming knowledge. Students will use their knowledge of design, programming and teamwork to compete in robotics challenges. Our 10 person team consists of seventh and eighth grade students. They will use a LEGO robotics kit with EV3 platform during the fall for competitions throughout the year. They will construct a second underwater robot in the spring to compete in the regional M.A.T.E. competition in April.

DMS further promotes communication skills with annual **Spelling Bees (Mrs. Hurley-Counselor)**. Spelling Bees are held in January each year to create interest in and encourage better spelling. They are first held in each Language Arts/Literature classroom. Three representatives from each class then compete to determine a grade level best speller. Grade level winners compete at a later time to determine the school's best speller. The six best spellers from each grade level then compete with peers from other district middle schools to determine the District #300 spelling bee champion.

Sixth grade passionate readers are encouraged to participate in **Battle of the Books**. Students read books found on the Battle of the Books reading list and a team of five students and one alternate compete with teams from other District #300 middle schools. Students are quizzed on their comprehension of the books. The season begins in January with tryouts. Battle of the Books competitions begin in April and finish in early May.



## CLUBS

*Learning goes beyond academics and DMS offers many after school activities that are essential to a well-rounded education.*

Homework Help facilitated by **Mrs. Gomez-Johnson** available September through April is an opportunity to get help with difficult assignments, tests, or getting caught up on late work! The club meets three days a week and is open to all students. The only requirement needed is to sign-up in the IMC the day before you need assistance!

The **DMS Ski Club (Mr. Sitkie)** schedules three ski trips each year during the months of December, January, and February. Students may attend on a first come, first serve basis and are responsible for their own costs. Trips are usually planned for Fridays from 4:30 p.m. to 11:30 p.m. Trips are always contingent upon appropriate weather conditions.



Students interested in writing and photography may wish to join our **Newspaper Club**. Students work throughout the year to write and publish the school newspaper. The paper is published at least once a quarter.

**Ultimate Frisbee (Mr. Haase)** Ultimate is an exciting, non-contact team sport, played by thousands the world over. It mixes the best features of sports such as Soccer, Basketball, and Football into an elegantly simple yet fascinating and demanding game. Ultimate is currently offered in two different seasons. Fall Ultimate starts early September. Expect two to three practices a week and the team will attend two tournaments; the Chicago Invite will be in Rockford at Sportscore and DMS will host the Chicago Youth Showdown held at Meadowdale Park. Spring Ultimate starts in March and includes three tournaments Carpentersville Youth Ultimate Tournament, State Championship and Montrose Beach.

**Chess Club (Mr. Bailye)** is open to all students interested in learning to play chess or expanding their chess playing skills. Meetings are held before school, Thursdays, starting in January. Students play other members in the club at meetings, and learn new chess strategies.



**Snowflake (Mr. Parise)** is a substance abuse prevention program focused on teaching youths valuable skills that help them develop responsible decision making skills and resist negative peer pressure. Members of Snowflake participate in games or team building activities at most meetings. Any DMS student may join Snowflake and all are encouraged to attend our Snowflake Day. Snowflake Day is a popular annual event held on one Saturday from 8:30 A.M. to 3:00 P.M. Students listen to guest speakers, participate in team building activities and are then assigned to a small group that is facilitated by adult and teen volunteers where students share their feelings about the ideas presented. A lunch, snacks, and Snowflake T-shirt are provided. There is a fee charged for the day and a limit on the number of participants on a first come basis.

**Buddy Club (Mrs. Wilkinson)** is open to all 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders. Activities are planned that create opportunities for regular education students and special education students to interact in recreational and social ways to learn more about one another, to break barriers, change attitudes and make new friends.

**Art Club (Mrs. Lunde)** is open to all students interested in exploring their artistic abilities beyond the exploratory curriculum. Students will engage in a variety of art activities/projects if they choose to participate in the club.



**Street Ensemble, Chordunals (vocal a cappella group) Jazz Lab Band, Jazz Ensemble (Mr. Bishop) , Bella Voce & Men's Ensemble (Mrs. Roy)** are all opportunities for music students to meet outside of the school day to play or sing selected works. These groups meet throughout the school year.

*Additional clubs may be added each year based on interest. Clubs/activities will not be held if there is not enough participation or a change in district support.*

## SERVICE ORGANIZATIONS

The Dundee Middle School chapter of **Junior Beta Club (Mr. Godfrey and Mr. Bishop)** is a part of a national honorary organization designed to provide recognition and leadership experiences to high achieving students. To be eligible to join, a student must be on super honor roll for three-quarters in a row and have shown outstanding merit in citizenship. Beta Club meets once a month to discuss, plan, and implement upcoming activities, such as the annual teacher breakfast, pumpkin-grams at Halloween, and sponsoring a dance. Student ideas for projects and activities are welcome, as one of Beta Club's main goals is to provide a pleasurable, self-enhancing experience to its members.



The **Cardunal Council (Mr. Parise & Mr. Ehmen)** is the student government body of DMS and is open to sixth, seventh, and eighth grade students. Any student interested

in joining may become a part of Cardunal Council. Within the Council, officers are elected to represent the club itself. Members of Cardunal Council sponsor the 8<sup>th</sup> grade dance, Teacher Appreciation Week, and a community service project.

## SPECIAL EVENTS

**Schoolapalooza (Mr. Blomquist & Mr. Bishop)** is a joint DMS student/professional rock concert at DMS. Schoolapalooza is held on a Friday night in April. Multiple student bands from DMS perform along with high school and/or professional bands. Proceeds from the event are used to help support the DMS athletic and music programs. Attendance at the event is open to all DMS students and the community.

DMS students who have a hidden talent or skill may wish to audition for the **DMS Spring Talent Show (Mrs. Roy & Mr. Bishop)**. The Talent Show is open to all sixth, seventh, and eighth grade students. Students audition for a part in the Talent Show. Prizes are awarded to winners.

Students who participate in chorus at DMS have the opportunity to audition and participate in the **DMS Musical (Mrs. Roy)**. Many opportunities for participation are available including leading roles, chorus parts, stage directors, and costume and set design. The musical is held at the Blizzard Theater at ECC each April. *Annie, The Little Mermaid Jr., Seussical Jr & Beauty and the Beast Jr.* are some of the DMS musicals in recent years.



All seventh and eighth grade students are welcome to participate in the **DMS Fall Play (Miss Olson)**. Auditions are held at the beginning of the school year, and the production is held in October.

The DMS Physical Education & Health Department challenges all sixth, seventh, and eighth grade students to consider participating in the **Midnight Mile Challenge Run** each fall. The Midnight Mile is a 24 hour challenge run in which students are assigned to teams of 13-15 students and adult volunteers. The teams run in relay format for 24 hours, from 9:00 a.m. on a Friday through 9:00 a.m. on Saturday. Teams camp out at DMS overnight. Students interested in participating must complete a training program and turn in their training logs to the physical education staff to insure that they are physically ready to participate in the event. The Midnight Mile is supported through donations from local businesses and a large number of parent volunteers.



The **DMS Washington, D.C. Trip (Mrs. LaGrippe)** is open to all 7<sup>th</sup> and 8<sup>th</sup> grade students. An informational meeting regarding the trip is held in August/September each year. Students and parents interested in attending the trip should attend the informational meeting to receive

information regarding trip cost, fundraising activities, and the contents of the tour. The trip is held each May, with students flying into Washington, D.C. early on a Friday morning and returning on Sunday evening of the same weekend. The cost of the trip is the responsibility of the student and their family. However, fundraising opportunities are available to students who are interested to help offset some of the cost of the trip.

## SPORTS

### **Athletic Coordinator: Mr. Haase**

*Sports programs run year round at DMS and students are encouraged to participate in an interscholastic sport. Students must have a current physical exam on file prior to the first day of practice or try-out and may need to pay a user's fee for each sport. Sports physicals are good for 12 months from exam date. (Some are valid for 13 months) In addition, eligibility to participate is contingent on academic success.*

*Team practices are scheduled by individual coaches and may be held before or after school. Students are responsible for providing their own transportation to and from practices.*

	<u>Fall</u>	<u>Winter</u>	<u>Spring</u>
<b>Boys</b>	Cross Country	Basketball Wrestling	Track & Field
<b>Girls</b>	Cross Country	Basketball Cheerleading Volleyball Pom Pons	Track & Field

**Cross-Country** is open to all 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade girls and boys. The season extends from early September through mid-October. Home meets will be held at Randall Oaks. Sixth and seventh graders will run a 1.5 mile course and eighth graders will run a 2 mile course. The sport is an all play and everyone who joins will participate. DMS cross-country teams have always achieved winning records. Students are encouraged to become part of this winning tradition.



**Girls' Volleyball** provides students an opportunity to learn new skills while improving already existing skills. The season commences with try-outs in at the beginning of the school year and runs to mid-October. A 7<sup>th</sup> grade squad of 15 girls and 8<sup>th</sup> grade squad of 15 girls compete with other schools in the district as well as tournament play.



**Boys' Basketball** begins with tryouts in mid-October and is open to any 7<sup>th</sup> or 8<sup>th</sup> grade boy. Fifteen to 18 boys will be selected to each grade level squad. This interscholastic sport concludes its season with the Dundee Lions' Club Tournament in December.

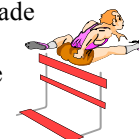
Seventh and eighth grade girls who are interested in dance and school spirit are encouraged to try out for the **Dundee Middle School Poms Squad**. After a two-day clinic in which all interested girls are provided the opportunity to learn a one minute routine, 10 seventh grade girls with one alternate and 10 eighth grade girls with one alternate are chosen by a team of judges. DMS Poms perform at home basketball games, pep assemblies, and the Lyons Club Basketball Tournament, beginning their season mid-October and ending in December.

**Cheerleaders** at DMS help promote interscholastic team sports, school spirit, and good sportsmanship. After a number of clinics held in October, a panel of judges chooses a 7<sup>th</sup> grade squad and an 8<sup>th</sup> grade squad. Cheerleaders participate at home boys' basketball games and the Lyons Club Basketball Tournament.

**Girls' Basketball** is open to 7<sup>th</sup> and 8<sup>th</sup> grade girls. Tryouts are held the last week in December. The season begins the first week of January and ends with the Dundee Lions' Club Tournament in March. Tryouts are open to any 7<sup>th</sup> or 8<sup>th</sup> grade girl at DMS and around 15 girls will be selected to each grade level squad.

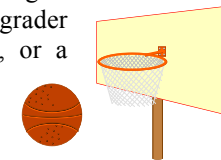
**Wrestling** is open to anyone interested in participating and is a great sport for all ages and sizes. The season begins in January and ends the last week of February. During the season, boys focus on learning wrestling techniques and improving their overall physical fitness.

**Track and Field** is open to any 7<sup>th</sup> or 8<sup>th</sup> grade girl or boy at DMS. There are no tryouts for this sport and no team size limitations. The track season begins in April and ends with the District #300 Track Meet in mid-May.



The **Intramural Program** at DMS is designed to meet the needs of students by providing them with opportunities to explore a variety of physical activities in a noncompetitive venue. Activities vary by season and year and may be open to limited grade levels. Recent offerings have included volleyball, wrestling, and flag football.

The Sixth Grade Basketball Tournament is the highlight of Dundee Middle School's intramural program. The tournament is designed so that every 6<sup>th</sup> grader can participate as a pom, a cheerleader, or a basketball player. Intramural teams are coached by 8<sup>th</sup> grade volunteers and supervised by adult coaches. Intramural teams compete during the tournament after school. The tournament is during the February/March months.



6<sup>th</sup> grade Intramural Volleyball is coached by 8<sup>th</sup> grade students and supervised by adult coaches. The season takes place within the first 3 weeks of the school year. They work on the fundamentals and rules of the game during the first part of the season and the end of the season is reserved for a tournament.